
1. alvin ailey	this dancer employed people of all races and ethnic backgrounds; created Revelations
2. the alvin ailey american dance theater	the name of alvin ailey's dance company
3. Coccyx balance	picture
4. contraction/release	A movement of the spine; C-curve
5. Cross Lunge	picture
6. Deep Lunge	Deep plie' with one leg forward, the front foot naturally turned out, the knee fully bent and aligned over the middle toe, the other leg extended back, the foot parallel on 3/4 releve', the pelvis over the right heel
7. Flat back	picture
8. Forward Table	picture
9. Horton Technique	A modern dance technique developed by Lester Horton which engages the full body and focuses on balance.
10. Lateral T	picture
11. Lester Horton	taught and influenced alvin ailey's style
12. Middle parallel	picture
13. Natural 1st	picture
14. Natural 2nd	picture
15. parallel first	picture
16. parallel second	picture
17. Revelations	alvin ailey's most famous dance piece
18. Side Lunge	picture
19. Table	picture
20. Wide natural 2nd	picture
